

## **Clinical Practice Initiatives**

NaviCare® HMO SNP is a Medicare Advantage Special Needs Plan and NaviCare® SCO is a Senior Care Options program, both from Fallon Health.

## Preventive patient education

NaviCare may provide the following educational information to your patients and their caregivers:

- Reinforcement of healthy lifestyle changes, including the importance of having routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation, and avoidance of secondhand smoke.
- Importance of regular follow-up visits to include medication review and monitoring, especially at care transitions.
- Importance of reporting all non-prescription medications being taken to care providers.
- Review of medication list with your care provider after an inpatient hospitalization.
- The use of high-risk medications with potentially harmful drug-disease and drug-drug interactions inclusive of the American Geriatric Society Beers Criteria for Potentially Inappropriate Medication Use in Older Adults.

## **Clinical indicators**

When evaluating your performance, Fallon will utilize the following indicators:

The percentage of your patients:

- Taking the following medications for at least six months and receiving **annual** monitoring:
  - o ACE inhibitors/ARBs: Serum K+ and serum creatinine
  - Digoxin: Serum K+, serum creatinine and digoxin level
  - o Diuretics: Serum K+ and serum creatinine
- For whom the inpatient (acute and non-acute) discharge medication list is reconciled with the current outpatient medication list on or within 30 days of the inpatient discharge (31 days total).

Dated documentation in the outpatient medical record must include one of the following:

- The provider reconciled the current and discharge medications.
- The current medications with a notation that references the discharge medications (e.g. no changes in medications since discharge, same medications at discharge, discontinue all discharge medications).
- Current medications with a notation that the discharge medications were reviewed.
- Current medication list, a discharge medication list and notation that both lists were reviewed on the on the same date of service.
- Notation that no medications were prescribed or ordered upon discharge.
- Current medications with evidence that the member was seen for post-discharge hospital follow-up with evidence of medication reconciliation or review.
- Discharge summary notation that the discharge medications were reconciled with the most recent medication list in the outpatient medical record. There must be evidence that the discharge summary was filed in the outpatient chart on or within 30 days of the inpatient discharge (31 days total).

1-877-700-6996

Monday-Friday, 8:30 a.m.-5:00 p.m.

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