

## Management of Dementia

## Clinical Practice Initiatives

NaviCare® HMO SNP is a Medicare Advantage Special Needs Plan and NaviCare® SCO is a Senior Care Options program, both from Fallon Health.

## Preventive patient education

NaviCare may provide a referral to a memory specialist from Fallon or a specialist from the Alzheimer's Association for a comprehensive assessment and recommendations, including many or all of the items listed below, to your patients and their caregivers:

- Member, family and caregiver education targeted to the appropriate stage of dementia.
- Social service referral, including assessment of caregiver support and coping mechanisms.
- Case management to coordinate resources and care plan.
- Advance care planning, including information, education and facilitation of executing legal documents, including Health Care Proxy and Medical Orders for Life Sustaining Treatment (MOLST) forms, as appropriate.
- Referral for financial and legal advice as needed for issues related to power of attorney, guardianship and conservatorship.
- Specific training for caregivers to promote safety and support the highest level of functioning, including development of bowel and bladder routines, importance of diet, hydration and exercise, and changes to the home environment to promote safety.
- Adoption of techniques to manage loss of function and behavioral changes.
- Importance of regular follow-up with medical providers and pharmacologic therapy to assess patient response to treatment.

## **Clinical indicators**

Fallon is required to measure the percentage of your patients receiving:

- Geriatric support services
- o Community long-term services and supports

1-877-700-6996

Monday-Friday, 8:30 a.m.-5:00 p.m.

fallonhealth.org