



Chronic Obstructive Pulmonary Disease

Clinical Practice Initiatives

NaviCare® HMO SNP, a Medicare Advantage Special Needs Plan and NaviCare® SCO, a Senior Care Options program, both from Fallon Health, have endorsed the Global Initiative for Chronic Obstructive Lung Disease (GOLD). Information on the management of chronic obstructive pulmonary disease (COPD) can be found at <http://fallonhealth.org/providers/medical-management/health-care-guidelines.aspx>.

Preventive patient education

NaviCare may provide the following educational information to your patients:

- Reinforcement of healthy lifestyle changes, including the importance of having routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation, and avoidance of secondhand smoke.
- Psychosocial adjustment in living with a chronic illness.
- Importance of an annual influenza vaccine.
- Importance of pneumococcal vaccines on or after 65th birthday, according to current guidelines.
- Information related to smoking cessation.
- Importance of appropriate pharmacotherapy management of COPD exacerbation, along with regular follow-up visits, to support disease self-management.

Clinical indicators

When evaluating your performance, Fallon will utilize the following indicator:

The percentage of your patients who received:

- Annual influenza vaccine
- Pneumococcal vaccines, as indicated
- Spirometry testing in the initial assessment and diagnosis of COPD

1-877-700-6996

Monday–Friday, 8:30 a.m.–5:00 p.m.

fallonhealth.org