

NaviCare® HMO SNP and SCO



The Benefits Booklet

Effective January 1–December 31, 2021

As a NaviCare member, you'll get more benefits than you would with MassHealth Standard and/or Medicare. See inside to learn what's included with NaviCare to help manage your health.

And remember: when you join NaviCare, you'll pay \$0 for all the benefits inside this booklet.



Get care from the comfort of your home

No cost telehealth visits with your primary care provider, specialists and other healthcare providers.

Contact doctors by phone, internet or mobile device—for non-emergency health concerns such as the flu, sore throat or skin rashes—24/7 with Teladoc®.

24/7 access to nurses by phone, using Nurse Connect. Nurses can help you identify if you need to see your PCP, have a telehealth visit or have an urgent need for care.

Transportation

Unlimited rides to and from medical appointments. Plus, you'll get up to 140 one-way rides to other approved places like:

- Grocery stores
- Church
- Pharmacy
- Bank

Prefer to get approved rides from friends or family? NaviCare reimburses for mileage.

Save Now card

Your Save Now card gives you up to \$480 per year to purchase certain over-the-counter, health-related items like probiotics, aspirin, toothbrushes, cold and allergy medications and fish oil.

Use the card at stores like CVS, Walgreens, Walmart and Family Dollar, or get eligible items mailed to your home.

Dental services

Get your teeth cleaned and more! Your plan will also pay for things like fillings, crowns, dentures and implants.

\$400 to get fit

You'll get up to \$400 to help you pay for fitness classes, a new fitness tracker or a gym membership.

Don't forget, your gym membership is free at locations that are part of the SilverSneakers® program.

Can't get to the gym? You'll have access to the SilverSneakers on-demand library of classes, workouts and instructional videos.

An entire Care Team

You'll have an entire team of health care professionals dedicated to making sure you get the services and care you need.

Care Team members include a Navigator who helps to coordinate your care, makes your appointments and more.

\$100 to buy healthy food

Earn up to \$100 per year on our Healthy Food card for doing things that help keep you healthy, like having your annual physical and getting a flu shot.

Medicine and nutrition

If your doctor writes you a prescription for a covered medication, NaviCare provides the medication—at no cost to you.

Get unlimited nutritional supplements—at no cost to you—with a doctor's prescription.

Vision care

Up to \$240, every year, for new eyeglasses, frames, lenses or contacts.

Who gives you more?

Benefits	With NaviCare	With MassHealth and Medicare alone
\$0 hospital stays and services	✓	✓
\$0 lab tests and X-rays	✓	✓
\$0 doctor visits and screenings	✓	✓
\$0 hearing tests and hearing aids	✓	✓
\$0 adult day health	✓	✓
\$0 in-home care	✓	✓
\$0 prescriptions and certain over-the-counter items with a prescription	✓	✓
Free rides to medical appointments	✓	✓
\$0 for advice or treatment from doctors by phone, mobile app or video—24/7	✓	✓
Free rides to grocery store, gym, church and more	✓	
\$0 dental crowns, root canals and implants	✓	
Free SilverSneakers® gym membership	✓	
Earn up to \$100 per year to buy healthy food	✓	
\$240 toward eyewear every year	✓	
Up to \$400 per year toward fitness classes or gym memberships	✓	
Up to \$480 per year to purchase certain health-related items—with the Save Now card	✓	
A Care Team that makes sure you get the care and benefits you need	✓	

Get the above, plus more. Pay \$0.

Are you eligible?

You can join NaviCare if you:

- Are 65 or older
- Have MassHealth Standard
- Live in the NaviCare service area
- Do not have any other comprehensive health insurance, except Medicare

How can I learn more or sign up?

Give us a call today. We're happy to help!

{1-877-255-7108 (TRS 711)}

8 a.m.–8 p.m., Monday–Friday (Oct. 1–March 31, seven days a week.)

fallonhealth.org/navicare



Fallon Health is an HMO plan with a Medicare contract and a contract with the Massachusetts Medicaid program. Enrollment in Fallon Health depends on contract renewal. NaviCare is a voluntary program in association with MassHealth/EOHHS and CMS. \$120 is added to the Save Now card on a quarterly basis—January, April, July, and October. Any money left over at the end of the quarter will be removed. Total yearly spend amount is based on a 12-month calendar year membership. The 140 one-way rides are to plan-approved locations. \$50 is added to the Fallon Healthy Food card for completing incentive program goals (maximum 2 per year).

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