

GIC benefit period: July 1, 2021—June 30, 2022  
Coordinators' fact sheet



Moving forward, what you need  
to know about Fallon Health.

See inside.

Two great networks

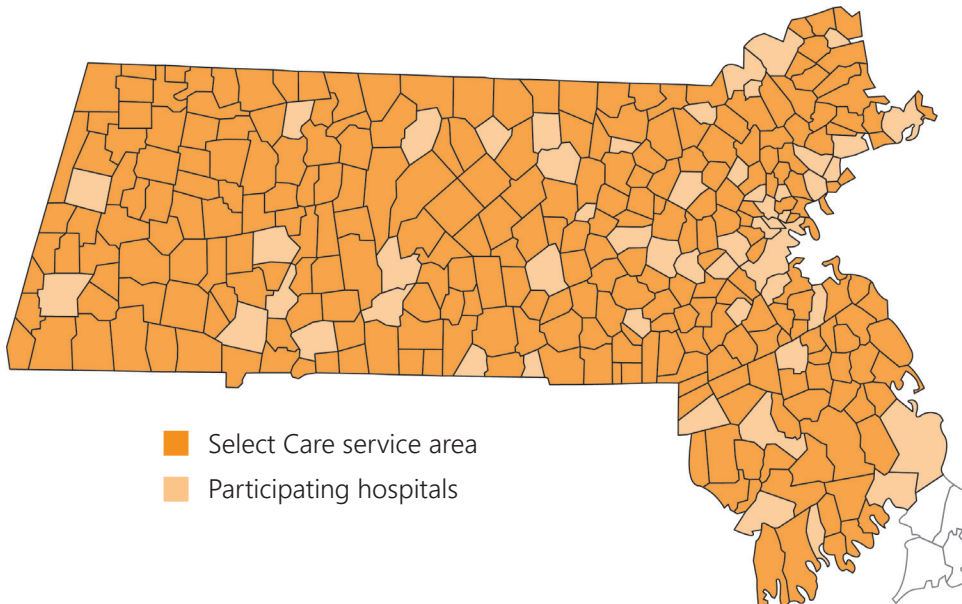
Healthy benefits and extras

Helpful information



# Select Care service area

Select Care—Fallon's broadest HMO option with coverage throughout Massachusetts and Southern New Hampshire

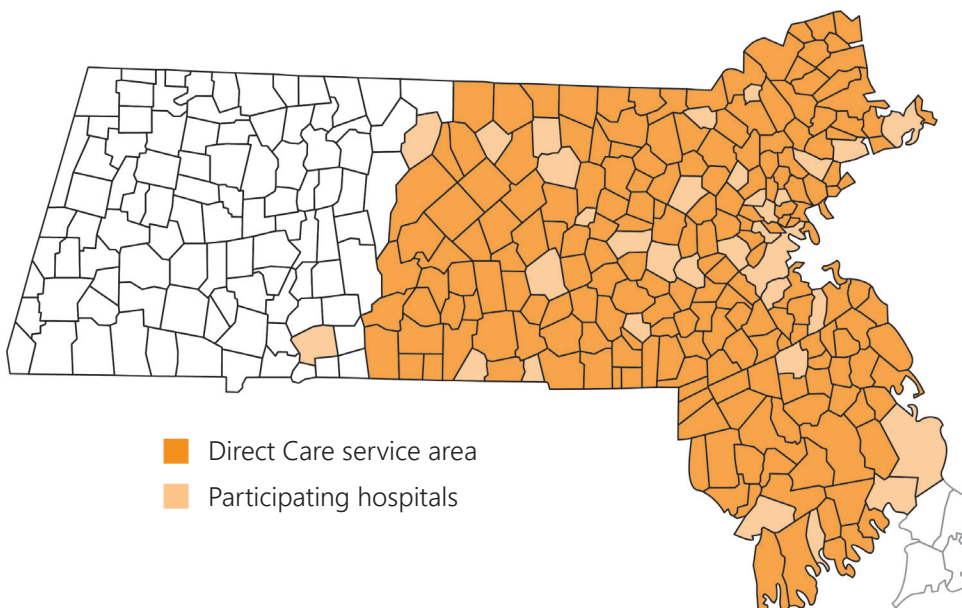


## Select Care members

- **Hospital tiering** (Tier 1: \$275 copay/Tier 2: \$500 copay/Tier 3: \$1,500 copay for inpatient hospital)
- **Specialist tiering** based on medical group methodology
- **It Fits!**—annual reimbursement up to \$100 per family contract and up to \$100 per individual contact
- **Have more doctors** to choose from
- **Enjoy the benefits** and convenience of provider choice

# Direct Care service area

Direct Care—Fallon's limited network HMO option focused in Central and Eastern Massachusetts



## Direct Care members

- **Specialist tiering** based on medical group methodology
- **Provides access** to Boston hospitals through our Peace of Mind Program™
- **It Fits!**—annual reimbursement up to \$400 per family contract and up to \$200 per individual contact
- **Get more** for less

## Both Select Care and Direct Care offer:

- **Worldwide** emergency coverage
- **Out-of-area student coverage** (non-routine medical office visits and non-elective inpatient services—to name a few)

# Healthy Extras



## Fallon members get care 24/7 with telehealth

### Telehealth

**New for 2021! No copay for first three behavioral health telehealth visits.** 24/7 access to U.S. board-certified doctors to discuss non-emergency conditions by phone, mobile device or online. These doctors can send a short-term prescription straight to a member's pharmacy of choice when medically necessary.

## Fallon SmartShopper *powered by Sapphire Digital*

### Members may pay less for making smart health care choices!

Fallon SmartShopper is an online program created to help Fallon Health members save money on their health care choices.

### How do members save money?

Members search for the procedure or service with Fallon SmartShopper, and the program provides them with a list of cost-efficient options where they can go to receive care. To begin shopping smarter for health care, and to see a complete list of procedures and services, go to [fallonhealth.org/gic](http://fallonhealth.org/gic), and click on the Fallon SmartShopper link.

## Healthy perks *designed to give you the most for your health care budget*

### Free mobile ID card app

Fallon members get their Fallon member ID card on the go with our smartphone app. With this app they can view their ID card, see their copays, plus email or fax an image of their card to their doctor, hospital or pharmacy. Just scan the QR code to the right to download, or search for "Fallon Member ID card" in the App Store or Google Play.



### Eyewear discounts

Members save up to 35% on frames and get additional discounts on contact lenses, laser vision correction and nonprescription sunglasses—at thousands of locations nationwide.

### Oh Baby!

A health and wellness program for parents-to-be. Oh Baby! provides some of the "little extras" like prenatal vitamins, a child care book, a home safety kit, plus a free convertible toddler car seat and breast pump.

## It Fits! *one of the most-flexible fitness benefits in Massachusetts!*

### It Fits! pays members back for participating in healthy activities.

**Direct Care members** receive up to \$400 per family contract and up to \$200 per individual contract.

**Select Care members** receive up to \$100 per family contract and up to \$100 per individual contract.

### With It Fits!, members can use their money toward:

- Streaming fitness programs
- Peloton subscriptions
- New cardiovascular home fitness equipment
- Local school and town sports programs
- Gym memberships at the gym of your choice
- Ski mountain lift tickets and season passes
- Aerobics classes
- Dance lessons
- Karate
- Race fees, including virtual races
- Ski lessons
- Sports camps
- Swim lessons
- WW (Weight Watchers® reimagined) and Jenny Craig®
- Yoga
- **And more!**



**Commonwealth of Massachusetts  
Group Insurance Commission**

# Resources



## Web access

Everything members need is at their fingertips! Visit [fallonhealth.org/gic](https://fallonhealth.org/gic) to learn more about:

### Member benefits

- Members see how the Direct Care and Select Care plans differ. View a list of their benefits plus deductible and copay costs.
- Members get more information about our healthy extras, including those mentioned in this flyer.
- Members find their doctors.

### Find a doctor with our search tool

When you visit [fallonhealth.org/gic](https://fallonhealth.org/gic), click on "Find a doctor" under the "Tools for members" section. To find your Primary Care Provider or Specialist:

1. Choose location Enter ZIP code or your city and state; choose distance from city or ZIP.
2. Choose Fallon plan Direct Care or Select Care.
3. To narrow your selection, specify: Type of Primary Care Provider (PCP) or Specialty, Gender; and Additional language.
4. If you want to, choose hospital affiliation. Then Click SUBMIT.

## More information

Looking for more information about Fallon?

Go to the [GIC Benefits Coordinator resources section on fallonhealth.org/gic](https://fallonhealth.org/gic) to get:

- Electronic copies of our brochures and quick reference sell sheets
- Educational information about deductibles
- Specifics about how Fallon's Peace of Mind Program works for Direct Care members
- And more!

**You can also call Julia LeBrun at 1-508-368-9099  
or Wendy Miller at 1-508-368-9585.**

[fallonhealth.org/gic](https://fallonhealth.org/gic)

