

Clinical Practice Initiatives

Heart Failure

NaviCare® HMO SNP, a Medicare Advantage Special Needs Plan and NaviCare® SCO, a Senior Care Options program, both from Fallon Health (Fallon), have endorsed the ACC/ AHA/HFSA Focused Update Guideline for the Management of Heart Failure: An Update of the 2017 ACCF/AHA Guideline for the Management of Heart Failure. This guideline can be found at:

<http://fallonhealth.org/providers/medical-management/health-care-guidelines.aspx>.

Preventive patient education

NaviCare may provide the following educational information to your patients and their caregivers:

- Reinforcement of healthy lifestyle changes including the importance of having routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation, and avoidance of secondhand smoke
- Appropriate pharmacologic therapy, along with regular follow-up visits, to support control of high blood pressure or congestive heart failure
- Importance of following provider guidelines for limiting sodium intake and monitoring weight as clinically indicated
- Psychosocial adjustment in living with a chronic illness
- Importance of an annual influenza vaccine
- Importance of pneumococcal vaccines on or after 65th birthday, according to current guidelines
- How to minimize the risks associated with comorbid diabetes
- Information related to smoking cessation

Clinical indicators

When evaluating your performance, Fallon will utilize the following indicators:

The percentage of your patients:

- Taking the following medications for at least six months who received annual monitoring: diuretics, ACE inhibitors, angiotensin receptor blockers, or angiotensin receptor neprilysin inhibitor: serum K⁺ and serum creatinine
- Received an annual influenza vaccine
- Are up-to-date with their pneumococcal vaccination according to current guidelines

1-866-275-3247

Monday through Friday from 8:30 a.m. to 5:00 p.m.

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