

Clinical Practice Initiatives

Chronic Obstructive Pulmonary Disease

NaviCare® HMO SNP, a Medicare Advantage Special Needs Plan, and NaviCare® SCO, a Senior Care Options program, both from Fallon Health (Fallon), have endorsed the Global Initiative for Chronic Obstructive Lung Disease (GOLD). Information on the management of COPD can be found at <http://fallonhealth.org/providers/medical-management/health-care-guidelines.aspx>.

Preventive patient education

NaviCare may provide the following educational information to your patients and their caregivers:

- Reinforcement of healthy lifestyle changes, including the importance of having routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation and avoidance of secondhand smoke
- Psychosocial adjustment in living with a chronic illness
- Importance of an annual influenza vaccine
- Importance of pneumococcal vaccines on or after 65th birthday, according to current guidelines
- Information related to smoking cessation
- Importance of appropriate pharmacotherapy management of COPD exacerbation, along with regular follow-up visits, to support disease self-management

Clinical Indicators

When evaluating your performance, Fallon will utilize the following indicators:

The percentage of your patients who received:

- Annual influenza vaccine
- Pneumococcal vaccines as indicated
- Spirometry testing in the initial assessment and diagnosis of COPD

1-866-275-3247

Monday through Friday from 8:30 a.m. to 5:00 p.m.

fallonhealth.org

