

Clinical Practice Initiatives

Care for Older Adults

NaviCare® HMO SNP, is a Medicare Advantage Special Needs Plan and NaviCare® SCO is a Senior Care Options program. Both are from Fallon Health (Fallon).

Preventive patient education

NaviCare may provide the following educational information to your patients and their caregivers:

- Reinforcement of healthy lifestyle changes including the importance of having an annual health assessment, routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation, and avoidance of secondhand smoke
- Importance of an annual influenza vaccine
- Importance of pneumococcal vaccines on or after 65th birthday, according to current guidelines
- Encouragement to discuss advance care planning with their doctor
- Required elements of annual health assessment, including:
 - Completed medication review/current medication list
 - Current functional status assessment
 - Completed pain assessment
 - Completed cognitive assessment as indicated

Clinical indicators

When evaluating your performance, Fallon will utilize the following indicators: The percentage of your patients with:

- Evidence of an advance care plan or an annual advance care planning discussion
- Annual documentation of at least one medication review and the presence of a current medication list in the medical record
- Annual notation in the medical record that:
 - ADLs were assessed
 - IADLs were assessed
 - Assessment of at least three of the following:
 - cognitive status
 - ambulatory status
 - sensory ability (hearing, vision, speech)
 - other functional independence (e.g., exercise, ability to perform job)
- Annual documentation of a completed pain assessment

1-866-275-3247

Monday through Friday from 8:30 a.m. to 5:00 p.m.

fallonhealth.org

