



A Senior Care Options program
From Fallon Community Health Plan

Over-the-Counter Drug List

This is a list of the only over-the-counter (OTC) drugs that are covered by NaviCare HMO without prior authorization (PA). All other OTC drugs except insulins require PA. Insulins that are available are listed in the NaviCare HMO Drug List (Formulary). The items are listed alphabetically by therapeutic class, then by the generic name of the drug or drug ingredients. In general, NaviCare HMO pays only for generic versions of these OTC drugs, singly or in combination, regardless of strength or dosage form. Combination products that contain active ingredients that are not included in this list require PA. However, NaviCare HMO may pay for a brand-name OTC product if that product meets the definition of medical necessity as defined by MassHealth. These products for which payments are permitted appear on this list by brand name.

This is not a complete list of drugs covered by NaviCare HMO. For a complete listing, please call NaviCare Enrollee Services at 1-877-700-6996 (TDD/TTY: 1-877-795-6526) 24 hours a day, seven days a week, or log onto www.navicare.org.

Allergy Agents, Ophthalmic:

Alaway (ketotifen)
Naphcon-A (naphazoline/
pheniramine)
Opcon-A (naphazoline/
pheniramine)
Vasocon-A (naphazoline/
atazoline)
Visine-A (naphazoline/
pheniramine)

Analgesics:

acetaminophen
aspirin
aspirin with buffers
capsaicin
ibuprofen
ketoprofen
naproxen

Antihistamines/ Decongestants:

brompheniramine
cetirizine syrup, tablet
chlorpheniramine
diphenhydramine
loratadine
pseudoephedrine (< 240
mg/day)

Antimicrobials, Topical:

bacitracin
chlorhexidine gluconate
clotrimazole
hydrogen peroxide
iodine
isopropyl alcohol
miconazole
neomycin
polymixin B
povidone
tolnaftate

Contraceptives, Topical:

nonoxynol-9

Gastrointestinal Products:

aluminum carbonate
aluminum hydroxide
bisacodyl
bismuth subsalicylate
calcium carbonate
casanthranol
cimetidine
cod liver oil
Culturelle (lactobacillus
rhamnosus GG) (< 18 years)
docusate sodium
famotidine
glycerin

kaolin/pectin
loperamide
magaldrate
magnesium citrate
magnesium hydroxide
magnesium trisalicylate
meclizine
mineral oil
psyllium
ranitidine
senna
simethicone
sodium bicarbonate

Vitamins and Nutrients:

ascorbic acid
calcium carbonate
calcium citrate
calcium glubionate
calcium gluconate
calcium phosphate
cyanocobalamin
electrolyte solution (pediatric)
ferrous fumarate
ferrous gluconate
ferrous sulfate
folic acid
magnesium gluconate
multivitamins, N.F.
multivitamins with minerals

**Vitamins and Nutrients
(continued):**

niacin
niacinamide
nicotinic acid
pediatric vitamins
prenatal vitamins
pyridoxine (vitamin B6)
retinol (vitamin A)
riboflavin
thiamine
vitamin B complex
vitamin D
vitamin E, oral

Miscellaneous Products:

A&D ointment
ammonium lactate 12%
artificial tears
benzoyl peroxide (< 21 years)
calamine lotion
carbamide peroxide
cherry syrup
coenzyme Q10 (< 18 years)
colloidal oatmeal
Commit (nicotine) (< 90
days/treatment regimen;
< two treatment
regimens/year)
hydrocortisone
hydrophilic ointment
lanolin
nicotine (< 90 days/
treatment regimen; < two
treatment regimens/year)

Ora-Plus suspending vehicle
Ora-Sweet-SF syrup
Ora-Sweet oral syrup
permethrin
petrolatum
piperonyl butoxide
Plan B (levonorgestrel)
potassium phosphate
pyrethrum
saliva substitute
selenium sulfide
simple syrup
sodium chloride solution
for inhalation
sodium phosphate
water for inhalation
witch hazel
zinc oxide



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*NaviCare is a voluntary program in association with MassHealth, CMS and EOHHS.
FCHP is a health plan with a Medicare contract.*