



Prior Authorization Approval Criteria

Edluar (zolpidem sublingual)

Generic name:	Zolpidem sublingual
Brand name:	Edluar
Medication class:	Hypnotic
FDA-approved uses:	Short-term treatment of insomnia characterized by difficulties with sleep initiation.
Available dosage forms:	5mg and 10mg tablets
Usual dose:	10mg immediately before bedtime.
Approximate cost: (based on AWP 2009)	\$5.00/pill for both 5mg and 10mg strength.
Duration of therapy:	Indefinite

Criteria for use (*bullet points below are all inclusive unless otherwise noted*):

- The indicated diagnosis (including any applicable labs and /or tests) and medication usage must be supported by documentation from the patient's medical records.
 - Quantity limit of nine pills per month.
 - Clinically diagnosed insomnia.
 - Treatment failure on one of these products (oxazepam, temazepam, lorazepam, alprazolam, diazepam, flurazepam, trazodone).
 - Must have experienced an intolerance to Ambien (zolpidem).
 - Underlying physical or psychological conditions (including addiction, depression, anxiety, sleep apnea, restless leg syndrome, circadian issues, pain, GERD, etc.) have been ruled out or are being adequately treated.
 - Must have an inability to swallow pills.

Contraindication: Hypersensitivity to zolpidem products.

Not approved if:

- Does not meet the above-stated criteria.
- Have any contraindications to the use of zolpidem.
- Patient had treatment failure on ambient (zolpidem)

FCHP Pharmacy and Therapeutics Committee approval: _____

Date: _____

Adopted: 12/09/09