

## Fallon Preferred Care QHD HSA Schedule of Benefits

This Schedule of Benefits is part of your *Fallon Preferred Care Evidence of Coverage*. It describes your costs for health care. There are no waiting periods or pre-existing condition limitations under this plan. The services listed below are covered when we determine that they are medically necessary for you. If it is determined that services or supplies received were not medically necessary, no benefits will be paid by FHLAC, and you will be responsible for paying the provider for services or supplies you received. The plan has medical management procedures that you must follow. Some services require notification. All inpatient services as well as some outpatient services require pre-authorization. You should call the appropriate medical management office at least 5 business days before the service to pre-certify. For more information on prior authorization, refer to the Medical Management section in your *Fallon Preferred Care Evidence of Coverage*.

If you do not follow notification and pre-authorization procedures for designated services you will be responsible for \$500 of additional charges. These amounts are in addition to any deductible or coinsurance amounts you must pay and are not counted toward your out-of-pocket maximum. You will receive the in-network level of benefits when you get your care from a participating provider. You will receive the out-of-network level of benefits when you get your care from a non-participating provider, with the exception of care for an emergency medical condition. Whenever you have an emergency medical condition you should go to the nearest emergency room or call the local emergency medical system (police, fire or 911). Coverage for emergency care will be provided in the same manner and at the same level as if a participating provider had treated you.

- ✓ This health plan **meets Minimum Creditable Coverage standards** and **will satisfy** the individual mandate that you have health insurance.

### MASSACHUSETTS REQUIREMENT TO PURCHASE HEALTH INSURANCE:

As of January 1, 2009 the Massachusetts Health Care Reform Law requires that Massachusetts residents, eighteen (18) years of age and older, must have health coverage that meets the Minimum Creditable Coverage standards set by the Commonwealth Health Insurance Connector, unless waived from the health insurance requirement based on affordability or individual hardship. For more information, call the Connector at 1-877-MA-ENROLL or visit the Connector Web site ([www.mahealthconnector.org](http://www.mahealthconnector.org)).

This health plan **meets Minimum Creditable Coverage standards** that are effective January 1, 2017 as part of the Massachusetts Health Care Reform Law. If you purchase this plan, you **will satisfy** the statutory requirement that you have health insurance meeting these standards.

THIS DISCLOSURE IS FOR MINIMUM CREDITABLE COVERAGE STANDARDS THAT ARE EFFECTIVE JANUARY 1, 2017. BECAUSE THESE STANDARDS MAY CHANGE, REVIEW YOUR HEALTH PLAN MATERIAL EACH YEAR TO DETERMINE WHETHER YOUR PLAN MEETS THE LATEST STANDARDS.

**If you have questions about this notice, you may contact the Division of Insurance by calling 1-617-521-7794 or visiting its Web site at [www.mass.gov/doi](http://www.mass.gov/doi).**

The following apply to your *Evidence of Coverage*:

### Your costs for covered services

#### Deductible

If you elect individual coverage, you must meet the individual coverage deductible amount. If you elect family coverage, you and your family must meet the family coverage deductible amount. The family coverage deductible is considered met when any combination of members in a family reaches the family deductible amount. The deductible does not apply to preventive care. A deductible carryover provision does not apply to this plan. **Please note:** There are separate deductible amounts for in-

network and out-of-network services. These deductible amounts do not cross accumulate, therefore you must meet each deductible separately.

Any one member in a plan that is subject to the family deductible who accumulates services totaling the minimum family deductible amount allowed under IRS guidelines (available at <http://www.treasury.gov/resource-center/faqs/Taxes/Pages/Health-Savings-Accounts.aspx>) in the applicable benefit period has met the deductible, and will receive benefits for covered services less any applicable copayments or coinsurance. This is referred to as an embedded deductible. Please note the out-of-network embedded deductible will always be twice the in-network embedded deductible amount. The remaining family members must still fulfill the balance of the family plan deductible amount.

### **Out-of-pocket maximum**

There is a limit to what you will have to pay for the covered health care services you receive during the benefit period. This is called your out-of-pocket maximum. *Your out-of-pocket maximum includes your deductible plus any coinsurance and copayments you pay.* Your out-of-pocket maximum does not include your premium charge or any costs you incur for health care services not covered by the plan. The family out-of-pocket maximum is considered met when any combination of members in a family reaches the family out-of-pocket maximum amount. **Please note:** There are separate out-of-pocket maximum amounts for in-network and out-of-network services. These out-of-pocket amounts do not cross accumulate, therefore each out-of-pocket maximum amount must be met before you will no longer be responsible for any additional cost-sharing amounts.

### **Domestic partner coverage**

You may include a domestic partner and his/her dependents under your family coverage. A domestic partner is defined as a partner of the same or opposite sex whom you have registered with your employer for eligibility for benefits, and have included under your family coverage for health insurance.

### ***It Fits!*<sup>™</sup> benefit**

Your contract includes coverage for services provided under the *It Fits!*<sup>™</sup> program to a maximum of \$150.

### **SmartShopper program**

Your contract includes coverage for services provided under the SmartShopper program. Please go to the Fallon Health website at [www.fallonhealth.org](http://www.fallonhealth.org) and visit the member portal for details.

### **Covered services**

The following chart shows your costs for covered services. These costs apply to the services in the **Description of benefits** section of your *Fallon Preferred Care Evidence of Coverage*. In summary, your responsibilities are as follows:

Benefit features	Network level of benefits (participating providers)	Out-of-network level of benefits (non-participating providers)
Deductible	\$2,000 per benefit period if you elected individual coverage. \$4,000 per benefit period if you elected family coverage.	\$4,000 per benefit period if you elected individual coverage. \$8,000 per benefit period if you elected family coverage.
Deductible carryover	NO	
Coinsurance	N/A	20%
Copayments	See chart below for the copayments that apply to the covered services you receive	
Out-of-pocket maximum (includes deductible, copayments and coinsurance)	\$6,550 per member per benefit period or \$13,100 per family per benefit period	\$6,550 per member per benefit period or \$13,100 per family per benefit period
Medical management procedures	YES	
Amounts that you may be responsible for if you do not follow medical management procedures (These amounts do not count toward your deductible or out-of-pocket maximum.)	\$200 per occurrence Exception: No coverage for nonemergency ambulance transport when not precertified	\$500 per occurrence Exception: No coverage for nonemergency ambulance transport when not precertified
Lifetime maximum benefits	Unlimited	Unlimited

Covered services	In-network level of benefits (participating providers)	Out-of-network level of benefits (non-participating providers)
<b>Ambulance services</b> 1. Emergency ambulance transport 2. Non-emergency ambulance transport (precertification required)	Covered in full after you meet your deductible Covered in full after you meet your deductible	Covered in full after you meet your deductible 20% coinsurance after you meet your deductible
<b>Autism services</b> <i>Prior authorization required</i> 1. Habilitative and rehabilitative care 2. Applied behavior analysis when supervised by a board certified behavioral analyst 3. Therapeutic care services including speech, physical and occupational therapy	\$35 copayment per visit after you meet your deductible Covered in full \$35 copayment per visit after you meet your deductible	20% coinsurance after you meet your deductible 20% coinsurance after you meet your deductible 20% coinsurance after you meet your deductible
<b>Emergency and urgent care</b> 1. Emergency room visits (if you are admitted following an emergency room visit you must notify the appropriate medical management office as soon as possible but not later than 72 hours following your admission – see the Medical Management section of your Evidence of Coverage for details). 2. Urgent care in a doctor’s office or urgent care facility	\$150 copayment per visit after you meet your deductible Note: The emergency room copayment is waived if you are admitted. \$35 copayment per visit after you meet your deductible	\$150 copayment per visit after you meet your deductible Note: The emergency room copayment is waived if you are admitted. 20% coinsurance after you meet your deductible
<b>Enteral formulas and low protein foods</b> 1. Nonprescription enteral formulas for home use for which a physician has issued a written order for the treatment of malabsorption and inherited diseases of amino acids and organic acids. (Prior authorization required.) 2. Food products modified to be low in protein for individuals with inherited diseases of amino acids and organic acids. (In-network and out-of-network benefit is combined.)	Covered in full after you meet your deductible Covered in full after you meet your deductible	20% coinsurance after you meet your deductible 20% coinsurance after you meet your deductible

For questions regarding benefits, eligibility and claims payment, contact Customer Service at: 1-888-468-1541 (TRS 711).

Covered services	In-network level of benefits (participating providers)	Out-of-network level of benefits (non-participating providers)
<b>Home health care services</b> 1. Part-time or intermittent skilled nursing care and physical therapy provided in your home by a home health agency 2. Additional services and supplies that are determined to be a medically necessary component of skilled nursing care and physical therapy 3. Home dialysis services and non-durable medical supplies	Covered in full after you meet your deductible  Covered in full after you meet your deductible  Covered in full after you meet your deductible	20% coinsurance after you meet your deductible  20% coinsurance after you meet your deductible  20% coinsurance after you meet your deductible
<b>Hospice care services</b> <i>Prior authorization required</i>	Covered in full after you meet your deductible	20% coinsurance after you meet your deductible
<b>Hospital inpatient services</b> <i>Prior authorization required</i> 1. Inpatient care for as many days as is medically necessary, including room and board and the services and supplies that would ordinarily be furnished to you while you are an inpatient.	Covered in full after you meet your deductible	20% coinsurance after you meet your deductible
<b>Infertility/assisted reproductive technology (ART) services*</b> <i>Prior authorization required</i> 1. Office visits for the diagnosis and treatment of infertility 2. Outpatient procedures related to the diagnosis and treatment of infertility 3. Lab procedures to diagnose and treat infertility 4. Radiology procedures to diagnose and treat infertility 5. Infertility/ART procedures 6. Sperm, egg, and/or inseminated egg procurement, assisted hatching, cryopreservation, processing and banking for plan members in active infertility treatment to the extent that such costs are not covered by the donor's insurer * See the <b>Description of Benefits</b> section in your <i>Evidence of Coverage</i> for a complete list of covered infertility/ART services	\$35 copayment per visit with a PCP and certain other providers after you meet your deductible  \$45 copayment per visit with a specialist after you meet your deductible  Covered in full after you meet your deductible  \$30 copayment after you meet your deductible  Covered in full after you meet your deductible  Covered in full after you meet your deductible	20% coinsurance after you meet your deductible  20% coinsurance after you meet your deductible  20% coinsurance after you meet your deductible  20% coinsurance after you meet your deductible  20% coinsurance after you meet your deductible

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Covered services	In-network level of benefits (participating providers)	Out-of-network level of benefits (non-participating providers)
<p><b>Maternity services</b>  <i>You must notify the appropriate medical management office (see the Medical Management section of your evidence of Coverage for details):</i></p> <ul style="list-style-type: none"> <li>• When your routine childbirth admission continues beyond 48 hours for a vaginal delivery or 96 hours for a Caesarean delivery</li> <li>• When you determine by way of a positive pregnancy test that you are pregnant.</li> </ul> <p>1. Prenatal and postpartum care</p> <p>2. Childbirth and inpatient hospital charges, including routine nursery charges</p> <p><i>(Fallon members are eligible for childbirth classes (refresher class or siblings class))</i></p>	<p>Prenatal care: \$35 copayment (first visit only)</p> <p>Postpartum care: \$35 copayment per visit after you meet your deductible</p> <p>Covered in full after you meet your deductible</p> <p>Covered in full through member reimbursement</p>	<p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>Covered in full through member reimbursement</p>
<p><b>Mental health and substance abuse services</b></p> <p><b>Inpatient services</b>  <i>Prior authorization required</i></p> <p>1. Inpatient hospital care for as many days as your condition requires, including room and board and the services and supplies that would ordinarily be furnished to you while you are an inpatient. These include, but are not limited to, individual, family and group therapy, pharmacological therapy, and diagnostic laboratory services.</p> <p><b>Intermediate services</b>  <i>Prior authorization required</i>  <i>Intermediate services include but are not limited to:</i></p> <p>1. Acute and other residential treatment: Mental health services provided in a 24-hour setting therapeutic environments.</p> <p>2. Clinically managed detoxification services: 24 hour, 7 days a week, clinically managed de-tox services in a licensed non-hospital setting that include 24 hour per day supervision.</p> <p>3. Partial Hospitalization: Short-term day/evening mental health programming available 5 to 7 days per week.</p>	<p>Covered in full after you meet your deductible</p> <p>Covered in full after you meet your deductible</p> <p>Covered in full after you meet your deductible</p> <p>\$35 copayment per visit after you meet your deductible</p>	<p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p>

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Covered services	In-network level of benefits (participating providers)	Out-of-network level of benefits (non-participating providers)
<i>Mental health and substance abuse services, continued</i>		
4. Intensive outpatient programs: Multimodal, interdisciplinary, structured behavioral health treatment provided 2-3 hours per day, multiple days per week.	\$35 copayment per visit after you meet your deductible	20% coinsurance after you meet your deductible
5. Day treatment: Program encompasses some portion of the day or week rather than a weekly visit.	\$35 copayment per visit after you meet your deductible	20% coinsurance after you meet your deductible
6. Crisis Stabilization: Short-term psychiatric treatment in a structured, community based therapeutic environments.	\$35 copayment per visit after you meet your deductible	20% coinsurance after you meet your deductible
7. In-home therapy services.	\$35 copayment per visit after you meet your deductible	20% coinsurance after you meet your deductible
<b>Outpatient services</b>		
1. Outpatient care for as many visits as is medically necessary, including individual, group or family therapy *	\$35 copayment per visit after you meet your deductible	20% coinsurance after you meet your deductible
2. Psychopharmacological services, such as, visits with a physician to review, monitor and adjust the levels of prescription medication used to treat a mental disorder	\$35 copayment per visit after you meet your deductible	20% coinsurance after you meet your deductible
3. Neuropsychological assessment services, when medically necessary	\$35 copayment per visit after you meet your deductible	20% coinsurance after you meet your deductible
<p>* Please see the <b>Description of Benefits</b> section in your <i>Evidence of Coverage</i> for a list of non-covered services.</p>		
<p>Note: Effective for plan years beginning on or after October 1, 2015, Massachusetts state law (Chapter 258 of the Acts of 2014) restricts the circumstances in which insurers may require prior authorization for substance abuse services. We will not require prior authorization for substance abuse services in any circumstances where this is not allowed by Chapter 258.</p>		

Covered services	In-network level of benefits (participating providers)	Out-of-network level of benefits (non-participating providers)
<b>Office visits and outpatient services</b>		
1. Office visits and related services, including: <ul style="list-style-type: none"> <li>• Office visits to diagnose or treat an illness or injury</li> <li>• A second opinion</li> <li>• Pediatric specialty care</li> <li>• Respiratory therapy services</li> <li>• Hormone replacement therapy services for peri and post menopausal women</li> </ul>	\$35 copayment per visit with a PCP and certain other providers after you meet your deductible  \$45 copayment per visit with a specialist after you meet your deductible	20% coinsurance after you meet your deductible
2. Radiation therapy and Chemotherapy	Covered in full after you meet your deductible	20% coinsurance after you meet your deductible
3. Injections and injectables that are supplied and administered by a licensed provider and which are not ordinarily dispensed from a pharmacy.	Covered in full after you meet your deductible	20% coinsurance after you meet your deductible
4. Allergy testing and allergy injections	Covered in full after you meet your deductible	20% coinsurance after you meet your deductible
5. Diagnostic lab services	\$30 copayment after you meet your deductible	20% coinsurance after you meet your deductible
6. Diagnostic x-ray services	Covered in full after you meet your deductible	20% coinsurance after you meet your deductible
7. High-tech imaging services, including but not limited to, MRI/MRA, CT/CTA, PET scans and nuclear cardiology imaging. Limited to one copayment per day when performed at the same facility for the same diagnosis. (Prior authorization required)	\$150 copayment per MRI, CT, PET scan or nuclear cardiology image after you meet your deductible	20% coinsurance after you meet your deductible
8. Renal dialysis <ul style="list-style-type: none"> <li>• Outpatient renal dialysis</li> <li>• Continuous ambulatory peritoneal dialysis (CAPD)</li> </ul>	Covered in full after you meet your deductible	20% coinsurance after you meet your deductible
9. Diabetic services <ul style="list-style-type: none"> <li>• Diabetes self-management training and education, including medical nutrition therapy, provided by a certified diabetes health care provider</li> </ul>	\$35 copayment after you meet your deductible	20% coinsurance after you meet your deductible
<ul style="list-style-type: none"> <li>• Laboratory tests including glycosylated hemoglobin or HbA1C tests, urinary protein/microalbumin and lipid profiles</li> </ul>	\$30 copayment after you meet your deductible	20% coinsurance after you meet your deductible
10. Medical social services	\$35 copayment after you meet your deductible	20% coinsurance after you meet your deductible

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Covered services	In-network level of benefits (participating providers)	Out-of-network level of benefits (non-participating providers)
<i>Office visits and outpatient services, continued</i>		
11. Chiropractic services provided by a physician or a chiropractor for acute musculoskeletal conditions. The condition must be new or an acute exacerbation of a previous condition. Chiropractic services will be covered as medically necessary.	\$35 copayment per visit after you meet your deductible	20% coinsurance after you meet your deductible
12. Outpatient surgery, anesthesia and the medically necessary pre and post operative care related to the surgery, provided in a hospital outpatient, day surgery or ambulatory surgical facility ( <i>Prior authorization required</i> )	Covered in full after you meet your deductible when provided in a hospital outpatient, day surgery or ambulatory care facility	20% coinsurance after you meet your deductible
13. Visit to a limited service clinic. Services are provided for a variety of common illnesses, including, but not limited to: <ul style="list-style-type: none"> <li>• strep throat</li> <li>• ear, eyes, sinus, bladder and bronchial infections</li> <li>• minor skin conditions (e.g. sunburn, cold sores)</li> </ul>	\$35 copayment per visit after you meet your deductible	20% coinsurance after you meet your deductible
14. Podiatry Care <ul style="list-style-type: none"> <li>• Outpatient lab tests and x-rays</li> <li>• Outpatient surgical services</li> <li>• Outpatient medical services</li> </ul>	See Diagnostic lab, x-ray and imaging services See Outpatient surgery See Office visits and related services	20% coinsurance after you meet your deductible 20% coinsurance after you meet your deductible 20% coinsurance after you meet your deductible

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Covered services	In-network level of benefits (participating providers)	Out-of-network level of benefits (non-participating providers)
<p><b>Oral surgery and related services</b></p> <ol style="list-style-type: none"> <li>Office visits with an oral surgeon for:                             <ul style="list-style-type: none"> <li>The removal or exposure of impacted teeth, including both hard and soft tissue impactions, or an evaluation for the procedure.</li> <li>The surgical treatment of cysts affecting the teeth or gums that cannot be treated by a dentist.</li> <li>The treatment of fractures of the mandible (jaw bone)</li> <li>The evaluation and surgery for the treatment of temporomandibular joint (TMJ) disorder when a medical condition is diagnosed.</li> </ul> </li> <li>Emergency medical care such as to relieve pain and stop bleeding as a result of accidental injury to the sound natural teeth or tissues when provided as soon as medically possible after injury. This does not include restorative or other dental services.</li> </ol> <p>Note: see <b>Office visits and outpatient services</b> for diagnostic lab and X-ray services.</p>	<p>\$45 copayment per visit after you meet your deductible</p> <p>\$35 copayment per visit to a physician’s or dentist’s office after you meet your deductible</p> <p>\$150 copayment per visit to an emergency room after you meet your deductible</p>	<p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p>
<p><b>Organ transplants*</b></p> <p><i>Prior authorization required</i></p> <ol style="list-style-type: none"> <li>Office visits related to the transplant</li> <li>Inpatient hospital charges including room and board and the services and supplies that would ordinarily be furnished to you while you are an inpatient.</li> <li>Human leukocyte antigen (HLA) or histocompatibility locus antigen testing for A, B, or DR antigens, or any combination thereof, necessary to establish bone marrow transplant donor suitability</li> </ol> <p>* See the <b>Description of Benefits</b> section in your <i>Evidence of Coverage</i> for a complete list of covered organ transplants</p>	<p>\$35 copayment per visit with a PCP and certain other providers after you meet your deductible</p> <p>\$45 copayment per visit with a specialist after you meet your deductible</p> <p>Covered in full after you meet your deductible</p> <p>\$30 copayment after you meet your deductible</p>	<p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p>



Covered services	In-network level of benefits (participating providers)	Out-of-network level of benefits (non-participating providers)
<p><b>Preventive care</b></p> <ol style="list-style-type: none"> <li>1. Physical exams for the prevention and detection of disease, for members age six and older, including associated laboratory and radiology services and routine immunizations</li> <li>2. Routine eye exam, once in each 12-month period.</li> <li>3. Mammography:                             <ul style="list-style-type: none"> <li>• One baseline mammogram for women ages 35-40</li> <li>• One mammogram annually for women age 40 and older</li> </ul> </li> <li>4. Routine gynecological care including annual exam and Pap smear</li> <li>5. Preventive care services for children from birth to age six</li> <li>6. Female consultations, examinations, procedures, contraceptive devices, and medical services related to the use of all contraceptive methods*</li> </ol> <p>*Prescription contraceptive drugs and devices are covered under the prescription drug benefit.</p>	<p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p> <p>Covered in full</p>	<p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p>

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Covered services	In-network level of benefits (participating providers)	Out-of-network level of benefits (non-participating providers)
<p><b>Prosthetic/orthotic devices and durable medical equipment</b>  <i>Prior authorization required</i></p> <ol style="list-style-type: none"> <li>1. The purchase or rental of prosthetic/orthotic devices and durable medical equipment (including the fitting, preparing, repairing and modifying of the appliance).</li> <li>2. Scalp hair prosthesis (wigs) for individuals who have suffered hair loss as a result of the treatment of any form of cancer or leukemia. Coverage is provided for one scalp hair prosthetic (wig) per member per benefit period. (In-network and out-of-network benefit is combined.)</li> <li>3. Breast prosthesis that is medically necessary after a covered reconstructive surgery following mastectomy.</li> <li>4. Prosthetic limbs which replace, in whole or in part, an arm or leg.</li> <li>5. Insulin pumps and insulin pump supplies</li> <li>6. Breast pumps</li> <li>7. Up to \$2,000 per ear for hearing aid device only, every 36 months (must be 21 years of age or younger) <ul style="list-style-type: none"> <li>• Related services and supplies for hearing aids (not subject to the \$2,000 limit)</li> </ul> </li> </ol>	<p>30% coinsurance after you meet your deductible</p> <p>30% coinsurance after you meet your deductible</p> <p>30% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>Covered in full after you meet your deductible</p> <p>Covered in full</p> <p>30% coinsurance after you meet your deductible</p>	<p>30% coinsurance after you meet your deductible</p> <p>30% coinsurance after you meet your deductible</p> <p>30% coinsurance after you meet your deductible</p> <p>40% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>30% coinsurance after you meet your deductible</p>
<p><b>Reconstructive surgery*</b>  <i>Prior authorization required</i></p> <ol style="list-style-type: none"> <li>1. Reconstructive surgery provided in a hospital outpatient, day surgery or ambulatory care facility, including anesthesia and the medically necessary pre and post operative care related to the surgery.</li> <li>2. Inpatient hospital charges, including room and board in a semi-private room, and the services and supplies that would ordinarily be furnished to you while you are an inpatient, including Massachusetts mandated services for cleft lip and cleft palate</li> </ol> <p>* See the <b>Description of Benefits</b> section in your <i>Evidence of Coverage</i> for a complete list of covered reconstructive surgeries)</p>	<p>Covered in full after you meet your deductible</p> <p>Covered in full after you meet your deductible</p>	<p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p>

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Covered services	In-network level of benefits (participating providers)	Out-of-network level of benefits (non-participating providers)
<p><b>Rehabilitation and habilitation services</b></p> <ol style="list-style-type: none"> <li>Physical and occupational therapy services are covered for up to 60 visits combined per benefit period when medically necessary. After 60 combined physical and occupational therapy visits within a benefit period, prior authorization based on medical necessity is required for additional visits within the benefit period. (In-network and out-of-network benefit is combined.)</li> <li>The diagnosis and treatment of speech, hearing and language disorders. After 30 speech therapy visits within a benefit period, prior authorization based on medical necessity is required for additional visits within the benefit period.</li> <li>Cardiac rehabilitation for persons with documented cardiovascular disease</li> <li>Early intervention services for children from birth to their third birthday</li> <li>Pulmonary rehabilitation services for chronic obstructive pulmonary disease (COPD) are covered for up to two one-hour sessions per day, for up to 36 lifetime sessions (Prior authorization required)</li> </ol>	<p>\$35 copayment per visit after you meet your deductible</p> <p>\$35 copayment per visit after you meet your deductible</p> <p>\$35 copayment per visit after you meet your deductible</p> <p>Covered in full after you meet your deductible</p> <p>Covered in full after you meet your deductible</p>	<p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p> <p>Covered in full after you meet your deductible</p> <p>20% coinsurance after you meet your deductible</p>
<p><b>Skilled nursing facility services</b> <i>Prior authorization required</i></p> <ol style="list-style-type: none"> <li>Care in a skilled nursing facility on an inpatient basis, including room and board in a semi-private room, and the services and supplies that would ordinarily be furnished to you while you are an inpatient. These include, but are not limited to nursing care, physical, occupational and speech therapy, and medical supplies and equipment. Coverage is provided for up to a maximum of 100 days per benefit period. (In-network and out-of-network benefit is combined.)</li> </ol>	<p>Covered in full after you meet your deductible</p>	<p>20% coinsurance after you meet your deductible</p>

Fallon Health and Life Assurance Co., Inc.

**Addendum  
Pediatric Dental Services**

This addendum is part of your Fallon Preferred Care Evidence of Coverage. This addendum provides you with the cost-sharing that you are responsible for when you get covered pediatric dental care from a plan dentist for members under the age of 19. For a list of plan dentists, go to fchp.org or call Customer Service at 1-888-468-1541 (TRS 711).

**Preventive and Diagnostic Services**

Preventive and Diagnostic Services	Benefits
<ul style="list-style-type: none"> <li>• Comprehensive Evaluation (once per lifetime per provider or location)</li> <li>• Periodic Oral Exams (two per benefit period)</li> <li>• Limited oral evaluation (two per benefit period)</li> <li>• Full mouth x-rays (once every 36 months per provider or location)</li> <li>• Panoramic x-rays (once every 36 months per provider or location)</li> <li>• Bitewing x-rays (two per benefit period)</li> <li>• Single tooth x-rays (one per visit)</li> <li>• Teeth cleaning, including minor scaling procedures (two per benefit period)</li> <li>• Fluoride Treatments (one per day per provider or location)</li> <li>• Space maintainers</li> <li>• Sealants (Please note: Sealants are not covered on previously restored teeth) (Once every 36 months per provider or location)</li> </ul>	<p><b>In-network</b> Covered in full after you meet your deductible</p> <p><b>Out-of-network</b> 20% coinsurance after you meet your deductible</p>

**Basic Covered Services**

Basic Covered Services	Benefits
<ul style="list-style-type: none"> <li>• Amalgam restorations (once per benefit period per tooth)</li> <li>• Composite resin restorations (once per benefit period per tooth)</li> <li>• Recement crowns/onlays</li> <li>• Rebase or reline dentures (once every 24 months)</li> <li>• Root canals on permanent teeth (once per lifetime per tooth)</li> <li>• Prefabricated stainless steel crowns (once per lifetime per tooth)</li> <li>• Periodontal scaling and root planning (once every 36 months)</li> <li>• Simple extractions (once per lifetime per tooth, erupted or exposed root)</li> <li>• Surgical extractions (once per lifetime per tooth)</li> <li>• Vital pulpotomy</li> <li>• Apeicocectomy</li> <li>• Palliative care</li> <li>• Anesthesia</li> </ul>	<p><b>In-network</b> 25% coinsurance after you meet your deductible</p> <p><b>Out-of-network</b> 45% coinsurance after you meet your deductible</p>

**Major Restorative Services**

<b>Major Restorative Services</b>	<b>Benefits</b>
<ul style="list-style-type: none"> <li>• Crown, resin (once every 60 months per tooth)</li> <li>• Porcelain/ceramic crowns (once every 60 months per tooth)</li> <li>• Porcelain fused to metal/mobile/high noble crowns (once every 60 months per tooth)</li> <li>• Partial and complete dentures (once every 84 months)</li> </ul>	<p><b>In-network</b> 50% coinsurance after you meet your deductible</p> <p><b>Out-of-network</b> 70% coinsurance after you meet your deductible</p>

**Orthodontia**

<b>Orthodontia</b>	<b>Benefits</b>
<p>Coverage is provided for services under the following conditions: only when medically necessary; patient must have severe and handicapping malocclusion as defined by HLD index score of 28 and/or one or more auto qualifiers. Prior authorization required.</p>	<p><b>In-network</b> 50% coinsurance after you meet your deductible</p> <p><b>Out-of-network</b> 70% coinsurance after you meet your deductible</p>

**Related exclusions**

1. Any service that is not listed in this addendum is not covered.



## Addendum Pediatric Vision Services

This addendum is part of your *Fallon Preferred Care Member Handbook/Evidence of Coverage*.

This addendum provides you with the cost-sharing that you are responsible for when you get covered pediatric vision care from a plan vision provider for members under the age of 19. For more information about your eye and vision care benefits, including a list of plan vision providers, go to [fallonhealth.org](http://fallonhealth.org) or call Customer Service at 1-888-468-1541 (TRS 711).

Service	Member cost
<b>Eye exam</b>	
Exam with dilation as necessary, once per calendar year	\$0
<b>Frames</b>	
One designated set, once per calendar year	\$0
<b>Lenses:</b>	
Standard lenses	
Single vision	\$0
Bifocal	\$0
Trifocal	\$0
Lenticular	\$0
Progressive lenses	
Standard	\$0
Premium	\$0 for first \$120 of retail cost, 80% of any additional retail cost.
Lens options	
Choice of plastic or glass lenses	\$0
UV treatment	\$0
Tint – includes fashion and gradient tinting, and oversized and glass-grey #3 prescription sunglass lenses	\$0
Standard plastic scratch coating	\$0
Standard polycarbonate (kids)	\$0
Plastic photosensitive lenses	\$0
<b>Other options:</b>	
Intermediate vision lenses	\$0
Standard anti-reflective	\$45
Photochromic plastic	80% of retail cost
Blended segment lenses	80% of retail cost
Polarized lenses	80% of retail cost
Premium anti-reflective costing	80% of retail cost
Ultra anti-reflective coating	80% of retail cost
Hi-Index lenses	80% of retail cost
Other add-ons	80% of retail cost
Additional complete pairs of eyewear	60% of retail

For questions regarding benefits, eligibility and claims payment, contact Customer Service at: 1-888-468-1541 (TRS 711).

<b>Contact lenses</b>	
One pair of conventional contact lenses, in place of eyeglass lenses	\$0 for first \$150 of retail cost, 75% of any additional retail cost.
In place of a pair of conventional contact lenses, the member may elect either of the following options:	
<ul style="list-style-type: none"> <li>Up to a 6 month supply of monthly or two-week single vision spherical or toric contact lenses</li> <li>Up to a 3 month supply of daily disposable single vision spherical contact lenses</li> </ul>	
Standard contact lens fit and follow-up	Up to \$55
Premium contact lens fit and follow-up	10% discount from retail price
Additional conventional contact lenses	85% of retail cost
Medically necessary contact lenses, in place of other eyewear	\$0
Low vision services	
<ul style="list-style-type: none"> <li>One comprehensive low vision evaluation, once every five years, when medically necessary</li> <li>Follow-up care, four visits in any five year period, when medically necessary</li> <li>Low vision aids, such as high-power spectacles, magnifiers, and telescopes, once every 24 months, when medically necessary</li> </ul>	<p>\$0</p> <p>\$0</p> <p>25% of retail cost</p>
<b><i>Additional discounts on vision items are available; see a plan provider or contact the plan for details.</i></b>	

### Out-of-network benefits

Fallon Preferred Care is a preferred provider plan. As with other services covered by the plan, you may choose to obtain covered pediatric vision services from providers who do not participate in the plan. If you do, these services will be covered at a lower out-of-network level of benefits, as follows:

- If you are responsible for paying 80% or more of the retail cost for a covered service in-network, you will pay the same percentage of the retail cost if you receive that service from an out-of-network provider.
- If you are responsible for paying between 60% and 80% of the retail cost for a covered service in-network, you will pay 80% of the retail cost if you receive that service from an out-of-network provider.
- If you are responsible for paying 25% of the retail cost for a covered service in-network, you will pay 45% of the retail cost if you receive that service from an out-of-network provider.
- For all other services, you will pay 20% of the retail cost if you receive that service from an out-of-network provider.

For questions regarding benefits, eligibility and claims payment, contact Customer Service at: 1-888-468-1541 (TRS 711).

### **Related exclusions**

1. Orthoptic or vision training, subnormal vision aids and any associated supplemental testing; Aniseikonic lenses.
2. Medical and/or surgical treatment of the eye, eyes or supporting structures.
3. Any eye or vision examination, or any corrective eyewear required by a policyholder as a condition of employment; Safety eyewear.
4. Services provided as a result of any Workers' Compensation law, or similar legislation, or required by any governmental agency or program whether federal, state or subdivisions thereof.
5. Non-prescription lenses and/or contact lenses.
6. Non-prescription sunglasses.
7. Two pair of glasses in lieu of bifocals.
8. Services rendered after the date an insured person ceases to be covered under the policy, except when vision materials ordered before coverage ended are delivered, and the services rendered to the insured person are within 31 days from the date of such order.
9. Services or materials provided by any other group benefit plan providing vision care.
10. Lost or broken lenses, frames, glasses, or contact lenses will not be replaced except in the next benefit period when vision materials would become available.

## Notice of nondiscrimination

Fallon Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Fallon does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

Fallon Health:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Customer Service at the phone number on the back of your member ID card, or by email at [cs@fallonhealth.org](mailto:cs@fallonhealth.org).

If you believe that Fallon Health has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with:

Compliance Director  
Fallon Health  
10 Chestnut St.  
Worcester, MA 01608  
Phone: 1-508-368-9382 (TRS 711)  
Email: [compliance@fallonhealth.org](mailto:compliance@fallonhealth.org)

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Compliance Director is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue SW., Room 509F, HHH Building  
Washington, D.C., 20201  
Phone: 1-800-368-1019 (TDD: 1-800-537-7697)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

# Important!

If you, or someone you're helping, has questions about Fallon Health, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 1-800-868-5200.

**Spanish:**

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Fallon Health, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-800-868-5200.

**Portuguese:**

Se você, ou alguém a quem você está ajudando, tem perguntas sobre o Fallon Health, você tem o direito de obter ajuda e informação em seu idioma e sem custos. Para falar com um intérprete, ligue para 1-800-868-5200.

**Chinese:**

如果您，或是您正在協助的對象，有關於[插入項目的名稱 Fallon Health 方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥電話 [在此插入數字 1-800-868-5200。

**Haitian Creole:**

Si oumenm oswa yon moun w ap ede gen kesyon konsènan Fallon Health, se dwa w pou resevwa asistans ak enfòmasyon nan lang ou pale a, san ou pa gen pou peye pou sa. Pou pale avèk yon entèprèt, rele nan 1-800-868-5200.

**Vietnamese:**

Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Fallon Health, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-800-868-5200.

**Russian:**

Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Fallon Health, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 1-800-868-5200.

**Arabic:**

لو صحتك ايف قحلا لكي دلف ، Fallon Health صوصخب قلى س ا ه د ع اس ت ص خ ش ى دل و ا لكي دل ن ا ن ( ب ل ص ت ا م ج ر ت م ع م ش د ح ت ل ل . ة فل ك ف ت ة ي ا ن و د ن م ك ف ت غ ل ب ة ي ر و ر ض ل ا ت ا م و ل ع م ل ا و د ع اس م ل ا ل ع 1-800-868-5200.

**Khmer/Cambodian:**

ប្រសិនបើអ្នក ឬអ្នកណាម្នាក់ដែលអ្នកកំពុងជួយ មានសំណួរអំពី Fallon Health ឬ, អ្នកមានសិទ្ធិទទួលបានជំនួយសិនពីចំនួន ១-៨០០-៨៦៨-៥២០០ ឥតគិតថ្លៃ។  
ប្រសិនបើអ្នក ឬ អ្នកណាម្នាក់ ដែល អ្នក កំពុង ជួយ មាន សំណួរ អំពី Fallon Health ឬ, អ្នក មាន សិទ្ធិ ទទួល បាន ជំនួយ សិន ពី ចំនួន ១-៨០០-៨៦៨-៥២០០ ។

