



medication  
therapy management  
program

# it's like having your own personal pharmacist.

## **what is the medication therapy management program?**

Originally created by the Medicare Modernization Act of 2003, Fallon Community Health Plan's program is designed to help our members deal with multiple medications and illnesses. Our knowledgeable and compassionate staff works with the participant and his or her health care providers to be a source of information and support for medication management.

## **who is eligible?**

Eligible participants are Fallon Senior Plan members who take at least 9 prescription drugs a month and spend more than \$4,000 a year on medications. Participants of the program also have at least three of the following chronic conditions:

- Chronic obstructive pulmonary disease (COPD)
- Depression
- Diabetes
- Hyperlipidemia (high cholesterol)
- Hypertension (high blood pressure)
- Osteoporosis

## **how does it work?**

When an eligible member chooses to participate, he or she will receive a health assessment survey in the mail, which will help us determine the participant's needs. We'll then speak with the member over the phone and, if necessary, contact his or her provider to discuss the member's individual needs. Follow-up phone calls will be made as necessary.

## **how can the program help the participant?**

Our pharmacists will assist participants by being a source of knowledge about prescription and over-the-counter drugs. We can answer questions participants may have about their medications and discuss potential drug therapies with the participants' providers. Overall, our goal is to be an extra layer of protection for our participants—to make sure they're getting and taking the types of medication that are right for them.

## **how long does the program last?**

The program formally runs from the time that the member meets eligibility requirements until the end of that calendar year. Eligible participants may be re-enrolled in the program in the following January.



**For more information, call us at  
1-800-868-5200  
(TDD/TTY: 1-877-608-7677),  
Monday through Friday, 8 a.m. to 1 p.m.**

**helpful information**

Fill out this card and keep it someplace handy (on your refrigerator door or in your wallet) for the next time that you need it.

My pharmacist: \_\_\_\_\_ Phone number: \_\_\_\_\_

**my medications**

Name	Dose	Prescribing doctor	Doctor's phone number