

## every day affairs

### ***it fits! even better***

Fallon Community Health Plan has significantly enhanced our popular *It Fits!* feature for all ages by adding an expanded variety of activities including school and town athletic programs that include an aerobic and instructional component. One of our goals, given alarming statistics about the escalation of childhood obesity, is to cover activities often pursued by children.

Examples of our newly covered activities include football, baseball, softball, soccer, hockey, basketball and gymnastics for children and adults. Members can choose to be reimbursed for a child's school sport user fees, or registration in town or school sports leagues and camps. Golf lessons, kickboxing, karate, cheerleading, Jazzercise, dance lessons? These are covered, too!

*It Fits!* already covered membership at local fitness centers, aerobics, Pilates and yoga classes (by a certified instructor) and Weight Watchers® programs. The *It Fits!* reimbursement totals of \$200 for family and \$100 for individual contracts for each calendar year remain the same.

Details are available on our Web site, [www.fchp.org](http://www.fchp.org). Please help us spread the word!

*Benefits may vary by employer group.*

*Weight Watchers® is a registered trademark of Weight Watchers International, Inc.*